

**Next Meeting:****Feb. 14 Virtual Meeting**\* **7:30 pm—9:00 Zoom**\* **Speaker:****Berene Campbell – Sanctuary of Madness**\* **Shop of the Month:****Mad Moody Quilting**\* **Show & Share**

*The Zoom invitation will be sent to members one to two days before the guild meeting. **If you don't have it by the evening before (i.e., Monday evening), then please check your spam/junk folder, and if not there, please contact Laura right away at [Ctgg.president@gmail.com](mailto:Ctgg.president@gmail.com).***

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*If you are a guild member and not receiving the newsletter, please let us know at:*

*[ctgg.membership@gmail.com](mailto:ctgg.membership@gmail.com) and  
[ctgg.newsletter.editor@gmail.com](mailto:ctgg.newsletter.editor@gmail.com)*

**President's Message**

February. I've never much celebrated Valentines Day. It's my brother's birthday so that took precedence while I was growing up. I'm gratefully single after 30 years of marriage so that shows where a day to honour love and romance shows up on my scale. Not. I love a good love story, just not required chocolates or roses on the 14th.

There seems to be a new twist this year that *does* catch my eye: "I Found a Quilted Heart" ([ifaqh.com](http://ifaqh.com)). People make small quilted hearts and leave them in public spaces to be found. The stories on-line of people finding the hearts are of those grieving, of people displaced by war, of those hoping to find love. Some of the quilted hearts seem very elaborate works of art. Others are simple raw edge quilted hearts. This is a twist on the random acts of kindness concept. It is certainly getting some traction on social media leading up to Valentines Day but would be just as appreciated in May or August, and easier to find public places to leave a quilted heart. I am inspired.

First though is a bit of Guild business. It's time to start thinking how you can help run the Guild next year. We would like to start the conversation. If you think you can help Diane Grover, Vice President, or I would be glad to talk with you about possibilities.

Quilt Challenge. So much of quilting is by ourselves that making something to fit the Challenge brings us together. How do we each interpret our month sign and Chinese year sign? It's for fun. I will make mine small enough to fit the rules and then add on using last month's gluing and piecing technique to make it bigger. Last year I made a book bag that I use regularly.

Zoom meeting. January has brought lots of snow. February could well be the same. Let's be glad that we are meeting on zoom. I will send out the link the day before the Valentines Day meeting.

And finally I would like to remember Joyce Gunn, a long-time active member of the Guild. Until recently, Joyce set up the Guild bulletin board at the front of the room with local quilting news, and quilt show flyers. Joyce died at home surrounded by family, age 93.

Laura Evans



## PROGRAMME

### Berene Campbell – Sanctuary of Madness

Berene Campbell of Happy Sew Lucky is a modern quilt designer, speaker and community project instigator. Her quilting and sewing patterns feature inspiring messages of positivity and hope, with the goal of making the world a kinder and more peaceful place. A “collective energy” enthusiast, Berene uses quilting to corral fellow creatives to work together for change. These projects include collaborative community installations, fundraisers for social justice causes, and the Handmade Collective Awards - a bursary fund set up for the maker community to fund awards for BIPOC and 2SLGBTQ+ students. In her talk Berene encourages leaning into discomfort and tells the story of how her work has evolved by embracing the emotional ride that the past few years have been for us all.

The Sanctuary of Madness - The past few years have been manic. There really is no calm way to describe it. So what is a girl to do to find peace in her heart? In this talk Berene Campbell discusses how recent current events have driven her to work harder than she has ever worked before in an attempt to find light at the end of the tunnel. In the process she found not only light, but huge personal growth and wonderful community as she scattered seeds of love and hope both far away and right in her own back yard.

To quote Berene from her website:

“Quilts hold the spirit of their makers, and the secrets of their thoughts pondered while stitching. They are beautiful treasures that provide us with warmth & comfort, but they can do more for us if we so choose. Quilts can be posters for our ideas, messengers of our messages, and uniters of our communities. They hold great power.”

Susan & Rhonda





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Retreats: Paula Patterson & Wendy White

Workshops: Sandra Baynes & Gisele Pilon-Brant

Sew Days: Cathy Sheldrick & Shirley MacFadden

Membership: Carol Nicholson & Susanne Martin

Challenge: Diane Grover

Community Projects: Carole Maisonneuve & Lynn Strban

Library: Janice Namiesnioski & Judy Loree

Shop of the Month: Lisa Fedak

Fat Quarters Club: Del Jazey & Susan Baker

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*Click on position (which is a link) to send an email to the person in this position*

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## MEMBERSHIP

**Susanne Martin**

Updates from the Membership Desk:

It's been an active year with 40% of the membership now paying via etransfer and almost 90 members coming out for the on-site Guild nights at MIFO. Many more enjoying retreats and workshops.

A note regarding July's membership renewal:

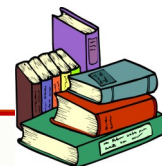
After plenty of thought the Guild has decided to raise our Guild fees to \$40 for 2023 onwards. This will help ensure our ability to offer the vast array of programs and services that members have grown to rely upon. Guest fees will remain the same.

Happy quilting and hope to see you at the next on-site meeting.



## CHALLENGE

*Diane Grover*



### "A Sign of the Times" Quilt Challenge

On a recent trip to Cape Breton Island, I was awed by the wonder of the night sky. Far away from Ottawa's city lights, the ink-black night was illuminated by untold numbers of stars and planets, laid out in constellations with names like Capricorn and Pisces. And even though I was on vacation and meant to be relaxing, my quilter's brain couldn't stop thinking about how I could translate the constellation Aries, my star sign, into a quilt for this year's challenge.

The "Sign of the Times" guild challenge is to represent the signs for both your birth month (Libra, Taurus, etc.) and your birth year (Pig, Rat, etc.), according to astrological and Chinese zodiac charts. Both of these time-honoured systems identify personality traits, lucky numbers, colours and even flowers and gemstones with their respective signs, meaning that quilters have a great number of options to explore. Entries can be either a quilted wall-hanging of with a maximum circumference of 96" or else a quilted functional item of any size such as a bag, wearable, or wallet. Charts are available on our website with more information about your signs but feel free to do your own research and learn more about who you really are.

As a Rooster, my lucky numbers are 1 and 8 so maybe I can make one block with eight points. And since the Rooster's colours include gold and yellow, maybe I could make a gold star block as part of a constellation pattern. Hmmm, plenty of ideas here but I need to get started. Entries are due at the April meeting, with \$300 in cash prizes to be won.

Diane Grover



## Navan Fair Homecraft - Quilting Entries

The Navan Fair has a list of quilted items that you can enter for competition during the fair in August.

There are monetary prizes as well as highest points prizes. It would be great to see some of the guild members work displayed. Items include full or appliqued twin or full size quilt, lap or baby quilt, rag quilt, tote bag, wall hanging etc. The website at Navan Fair.com is not completely updated yet for 2023.

Please contact Christine Lanthier 613-835-3397 or [clanthier22@gmail.com](mailto:clanthier22@gmail.com) for information and a complete list for entries.

Check out [exhibitors.navanfair.com](http://exhibitors.navanfair.com)





## WORKSHOPS

*Sandra Baynes & Gisele Pilon-Brant*

Happy New Year Quilters

Have you thought about joining us in person at one or more of our four workshops?

We still have spaces for:

Barn Quilts - February 25. This popular workshop taught by Karyne Besso, provides you with everything to create a painted quilt block to hang in or outdoors. These are either 12 inches by 12 inches or 24 inches by 24 inches

Square Peg - Round Hole - March 18. Instructor Paul Leger will walk us through this stunning pattern.

Learning the Art of Sashiko - April 1. Come learn traditional embroidery that is now being used in quilts. Our own Kirstin will be teaching this art.

Quilting with Rulers - May 6. Did you sign up before COVID for this course? Curious about it now? Join Tara Starzomski as she teaches you this technique in a one day course.

Consult our webpage for more information on each of the workshops.

Do you have ideas for other workshops? Please reach out to Sandra or Giselle at the [ctgg.workshops@gmail.com](mailto:ctgg.workshops@gmail.com).

Your Workshop team,  
Sandra and Gisèle

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## RETREATS

Paula Patterson and Wendy White

We just had two more successful weekend retreats at the end of January 2023.

Want to join us for a weekend of QUILTING, QUILTING, EATING, SOCIALIZING and QUILTING ?

Want to do that AND sleep in your own bed at night ? and have lunches and dinners included !!

Come join us for one of our In-Town Retreats. Set up Friday morning, sew, eat lunch, sew and socialize, eat a yummy dinner, sew, go home to your own bed to dream sweet dreams, return Saturday and do it all again, and again on Sunday, clean up starts Sunday at 4 pm.

**FINAL RETREATS for the 2022-2023 quilting year.**

**April 21-23, 2023 or April 28-30, 2023** (choose only one) – registration opens February 1, 2023.

**How to Register:** There are two ways to register.

1) By email: [ctqg.retreats@gmail.com](mailto:ctqg.retreats@gmail.com). You will receive a confirmation email response from RETREATS.

**Cost:** \$80 for members; \$95 non-members;

Payment methods: e-transfer ([ctqg.treasurer@gmail.com](mailto:ctqg.treasurer@gmail.com)), cash or cheque

**Location:** Notre-Dame des- Champs Community Centre, 3659 Navan Road, Navan, K4B 1H9.

**Hours:** Friday 10:00 am—9:00 pm; Saturday 9:00 am—9:00 pm; and Sunday 9:00 am—4:00 pm.

We ask for some volunteers to help with cooking and baking, ingredients will be reimbursed (with receipts) and a small honorarium will be paid for your time.

All participants are asked to help with set-up and take down as well as to help with one meal serving or clean-up. A list will be available at the retreat for signing up for meal clean-up.

If space allows Guild members may be able to sign up for a second retreat 1 week prior to retreat dates, please send email to: [ctqg.retreats@gmail.com](mailto:ctqg.retreats@gmail.com) to check availability.

Hope to see you there!!





## COMMUNITY PROJECTS

Carole Maisonneuve & Lynn Strban

Hi everyone, we hope your winter is going well and that you are taking advantage of the beautiful sunny days by going out for walks or maybe just enjoying the view from inside while sewing!

Since we are two months away from a “real time” meeting in March 2023, should you require labels please send us an email at [ctgg.community.projects@gmail.com](mailto:ctgg.community.projects@gmail.com) and we will mail them out to you.

We would also like to remind those that have taken quilt kits that should you not be able to make it, we are happy to take it back from you in March and return it to our inventory. As well, a gentle reminder that when making cuddle quilts choosing colours and fabric type is important as these are being given to “wee tots” and not adults or teens.

Last, but not least, we are looking for replacements to take on “Community Projects” and make it yours. It is a great way to help out our communities!

**As a reminder to all, the following are the preferred quilt sizes:**

- Cuddle quilts – 22” square
- Children/adult (age 5 to young teenage) – anywhere from 40”x40” up to 60”x72” (older teens can be tall)
- Adult - Twin sizes “60” x 75” would be appreciated as many of our organizations have single beds.
- Wheelchair quilts – 36”x36 up to 40”x40”
- Comfort Quilts – 45” x 60” – Flannel both front and back with batting.

Warmest Regards,

Lynn and Carole



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## QUILT SHOW 2024

### *2024 QUILT SHOW NEWS!*

The 2022 Quilt Show Committee is very happy with the success of the 2022 show, and want to say one final and HUGE thank you to all the volunteers that worked on/at the show, and all the members who displayed their quilts.

*THANK YOU!*

*It couldn't have happened without you!*

Our next show will be here before you know it! The 2024 committee is already being formed, and has a couple of vacant positions. If you are interested in helping, please contact Janice Namiesniowski (Quilt Show Chair) at: ctqg.quilt.show@gmail.com.

Your suggestions have been reviewed, and we are making changes!

We are looking for a different venue as we have been told that the additional parking used this year will not be available in future. An announcement is coming soon....

**Gone** is the Children's category! **Changed** are the bed quilts and wall hanging categories!! **In** are a YOUTH exhibit and a fun challenge!!!

### The 2024 show categories are:

**LARGE:** a quilt with a perimeter of 350" or greater (*Maximum of 1 Entry*)

**MEDIUM:** a quilt with a perimeter of 181"-349"

**SMALL:** a quilt with a perimeter of 180" or less

**MINIATURE:** a quilt with a perimeter less than 96" total. If blocks are used they must be 4" or less. A bound full-size block is not considered a miniature, neither is a hexagon quilt made with pieces ½" or greater. The overall pattern **MUST** show a miniaturization of a quilt.

**ASSORTED QUILT ITEMS:** Quilted clothing, bags, pillows, etc.

### **FUN CHALLENGE CATEGORY:**

**BLACK & WHITE PLUS ONE CHALLENGE:** a quilt with a perimeter of 349" or less, made with black and white fabric (remember that black and white make grey), **plus** one other colour **OR** one other fabric. (*Maximum of 1 Entry*)

### **SPECIAL EXHIBIT:**

**YOUTH:** There are two categories for youth to show their quilting skills: **a) youth under 13 years and b) youth between 14 and under 18 years.** Age is determined by the entrant's age as of March 31, 2024. They can use any technique, but size is limited to less than 350" perimeter. Youth must be registered as a member (no membership fee required), and have a close connection with an adult CTQG member. (*Maximum of 1 Entry*)

*Hope your creative juices are inspired! It's NEVER too soon to start a quilt!*





## SEW DAYS

Cathy Sheldrick and Shirley MacFadden

Why? Quilting by yourself is good; quilting with friends is lots more fun!!!!

**THE NEXT VIRTUAL SEW DAY** will be on Saturday, **Feb. 11, 2023!**

A Zoom link will be emailed to those who request it. Please register at [ctag.sewdays@gmail.com](mailto:ctag.sewdays@gmail.com)

Join us between 9:30 a.m. and 5:00 p.m.

Virtual meetings are FREE!

**VIRTUAL** Sew Days are set for:

February 11

March 11

**IN-PERSON** No Frills Sew Days dates:

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May 13

June 10

### Location

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It will be available at the next **In-Person Sew Day**. Plan ahead to do some mega-cutting.

Just walk in and ask. Be prepared to show your guild membership card. If you have never used the system before, ask for guidance.

The updated list of available dies is available on the website, under Resources. The link is:

<http://commonthreadquiltguild.ca/accuquilt-fabric-cutter/> You will also see some tips on using the dies. And it is kept on site. More ideas, tips and patterns are available at: [www.accuquilt.com](http://www.accuquilt.com)

## SEW AND SHARE

Show and share? I am still looking forward to this section of the program night. I hope you are too! I always like a chance to see what everyone has made.

Please send a well lit photo of your quilt/quilted items that we will then share on the screen. Please be sure to send in your name, the name of the quilt/quilted item and a great picture of the full item and one close-up of your favourite part of the quilt.

I will take those photos and create a slide to be shared on zoom. No need to worry about showing up on camera, I will share your photos online and ask you to "unmute" your line to take 1 minute to share about your item.

The slides will also be shared on the private Facebook group after the guild meeting so you can zoom in and take a closer look at them. Send the details by the Sunday before the meeting to: [ctqg.programme@gmail.com](mailto:ctqg.programme@gmail.com)

Kirstin



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#### Contact

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## CQA GUILD CHALLENGE

### Sun, Sea and Sand

Would you like to challenge yourself to make something with limited variables? This is for you!

Yellow, blue and sand (beige/taupe). Maximum perimeter of 72" (eg up to 18" square or 20"x16" etc)

Design and Pattern is up to you.

Quilters across the country are sketching out ideas. Guilds nation-wide are participating. See full guidelines on a link on our website or on the Canadian Quilt Association (CQA) website.

[https://canadianquilter.com/wp-content/uploads/2022/08/CQAACC\\_Guild\\_Challenge\\_2023\\_en.pdf](https://canadianquilter.com/wp-content/uploads/2022/08/CQAACC_Guild_Challenge_2023_en.pdf)

You must bring the finished Sun, Sea, Sand quilt to our April meeting. Our members will get to vote which quilt will be sent to the CQA National Quilt Show being held in Halifax in June.

Rachel won the national vote for the Guild challenge a few years ago. Having 'beach' thoughts over the next few months sounds good. Let's see what you can make.



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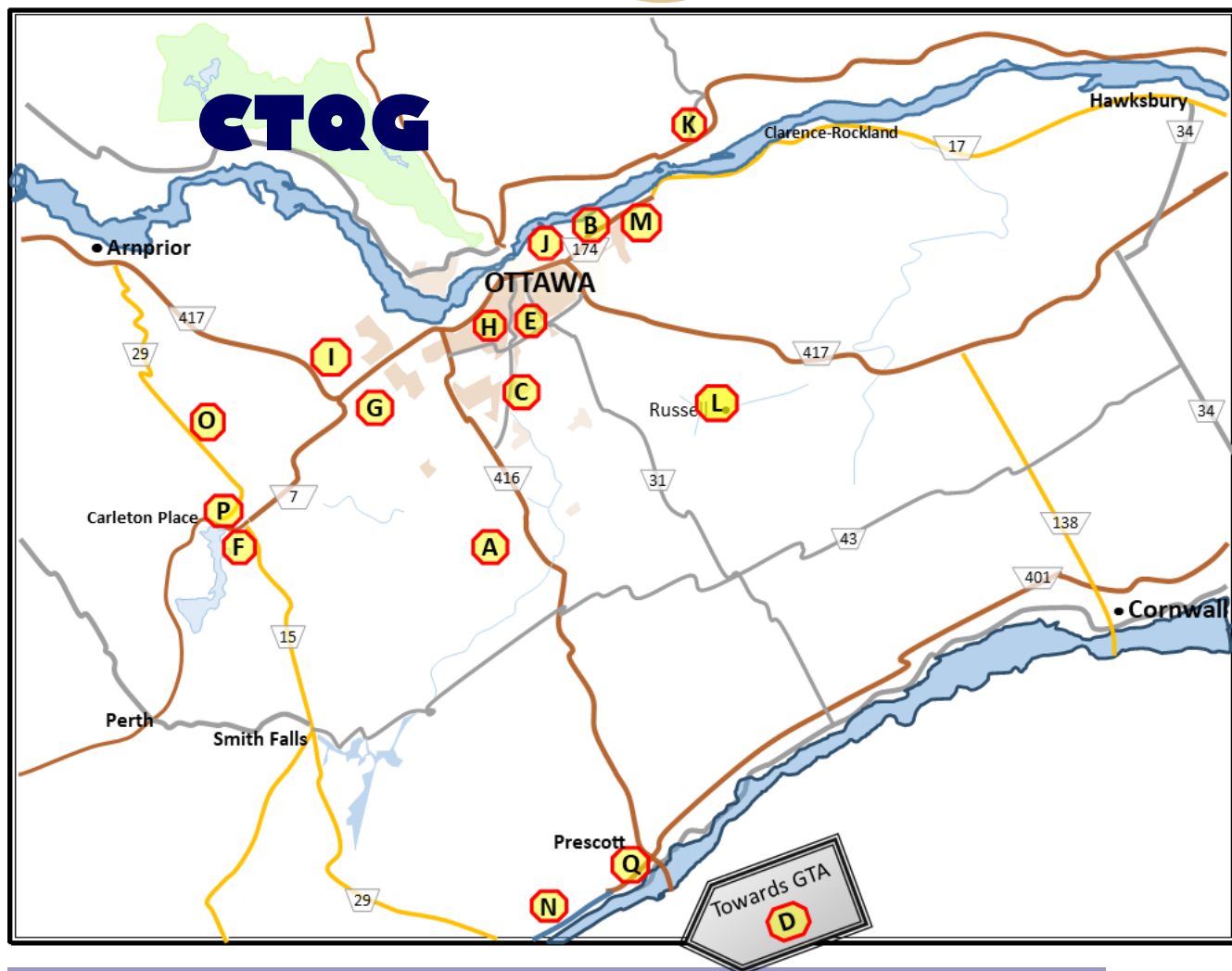
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