



### Next Meeting:

Tuesday January 8th, 2019

7:30-9:00pm, Doors open 6:30pm

Remember your membership card.

Guests Welcome! (\$5 admission)

Programme: Bill Stearman

### Shop of the Month: **Sew Jo's**

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Hours

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Fat Quarter: Fireworks / Celebration

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taken directly to their website.**

### Inside this Issue

President's Message	2
Mystery Quilt Challenge 2019	5
Retreats	6
Special New Year's Day Merry	
Mayhem Mystery Sew Day	8
Workshops	9
Programme	11
Library	11
Community Projects	13
Victoria Quilts	14
Membership	15
Sew Days	16
New AccuQuilt Dies!	18

Thank you [Quilty Pleasures](#) for your  
ongoing Fat Quarter donations



### WHAT TO BRING TO THE MEETING

Membership Card and Name Tag

\$\$ for the Shop-of-the-Month Basket Draws

Themed Fat Quarter(s) for the draw!

Library Books and items

Charity Quilts for Community Projects

**PRESIDENT'S MESSAGE****LAURELLE CALLAGHAN**

As Christmas 2018 fades into our memories, the decorations are safely tucked into their boxes and maybe some Christmas quilting projects set aside with the promise that 'I will have that done by next year', we cast our sights on the future. What will 2019 bring? Should I consider any New Year's resolutions? Maybe I just won't buy fabric this year and I will lose thirty pounds before summer, going to the gym five days a week!

I always wondered why New Year's resolutions seemed too restrictive and unachievable. We make such demands on ourselves that they become overwhelming from the get-go and are often counter productive. We may end up with more fabric and more weight, just because we feel there is no point in trying. A little research on the internet showed (so take with a grain of salt) that only 8% of people who make New Year's resolutions are successful in reaching their goals.

Curious, I decided to do a little research on the history of New Year's resolutions. Several sources indicate that their origin dates back over 4000 years to Babylonia. For the Babylonians, the New Year dawned in March when the crops were planted. They celebrated a 12 day feast, called Akita, at the end of which they crowned a new king or reaffirmed their allegiance to their current monarch. In addition, they promised the gods that they would repay their debts and returned any borrowed objects before the New Year started. By doing these things, they would have good fortune from the gods in the following year. If they didn't...well gods can be cruel.

The next recorded incidences of New Years resolutions, centred in 46BC with the Romans. Julius Cesar moved the festival from March to January to honour their god, Janus. (hence, the derivation of the name January). Janus was believed to be a two faced, two spirited god, that looked backward into the old year while simultaneously looking forward into the new year and their future. The Romans made sacrifices and promises to ensure prosperity in the New Year. Soldiers also reaffirmed allegiance to their commanders.

With a religious foundation, New Year's resolutions appeared in the Christian tradition. Most notably, in 1740, when John Wesley (a church reformer) introduced the concept of the Watch Night Service. This service, which is still celebrated in many modern Christian churches today, was created to refocus the traditions of beginning the New Year from the parties that had developed in the secular world, to a religious foundation. This once again brought the traditions of New Year's eve into the larger context and pledging faith to a greater God. However, today, most resolutions are purely secular, focusing on narrow self improvement and often improvement through restrictions.

So now we stand at the threshold of a new year, thinking about resolutions, just a little more informed. Why can't we make more open resolutions to replace restrictive thinking? Perhaps instead of just 'using our stash' we want to dig vigorously into our museum quality collection of fabric and patterns and find the perfect match. Or change 'not shopping any more' to never missing an opportunity to provide a fellow quilter with insight during the shopping process. Or 'pledging to clean our house before sewing' to 'only sewing seriously on days that end in 'y'—on the others clean house.

One thing is certain though, as we look into the history of resolutions, It is a time to 'pledge allegiance' and 'renew commitment' to the sisterhood of quilters who have sustained us in the past and will walk with us in the future. Happy New Year!



## 2018-19 Programme Line-up

Please check out this year's line up of events and speakers on our website:

<http://commonthreadquiltguild.ca/guild-activities/meetings/>





## ***BITS AND PIECES***



**Frayed Knots Quilting Group** –Still open for new members

Opportunities to share time and ideas with kindred spirits, work on community projects, personal sew time, troubleshooting, shared activities or demos. We would love to have you come and join us.

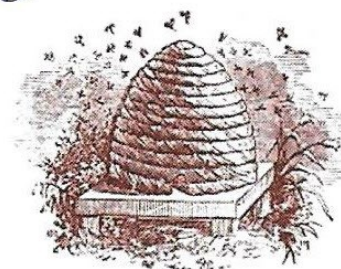
We meet Monday nights 7:00 - 9:00 p.m. Blackburn Hamlet Community Centre, Glen Park Drive, Blackburn Hamlet (beside the arena) (no storage space is provided for supplies at this Centre)

Contact Maria Fleming ([mefquilt@yahoo.com](mailto:mefquilt@yahoo.com)) or Janice Namiesniowski ([cjnamski@gmail.com](mailto:cjnamski@gmail.com)) if interested



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Welcome to the CTQG Mystery Quilt Challenge. Only 3 clues left to solve the mystery!

Just click on the link for [Clue #4](#) or check out the CTQG website /Guild Activities tab for the link to this month's clue. You will also find all the previous clues listed if you still want to get in on the action (it is not too late to get started). If you are behind or just getting started, you may want to attend the [Sew Day on January 12th](#) and join in on the Merry Mayhem fun.

The parade of the finished quilts will take place at the June meeting with prizes to be drawn. Happy quilting.





## Guild Retreats 2018-19

Paula Patterson and Wendy White

**THANK YOU** to all those who participated in the October 2018 In-Town Retreats. They were a great success with 64 members in total participating over the 2 weekends.

### Winter (choose one)

**January 18-20 or**

**January 25-27, 2019 (FULL)**

Registrations for the WINTER intown retreats will be accepted starting in **November** at the Guild meeting and online.

### Spring (choose one)

**April 26-28 or May 3-5**

Registrations for the SPRING intown retreats will be accepted starting in **February** at the Guild meeting and online.

If space allows Guild members may be able to sign up for a second retreat 1 week prior to retreat dates, please send email to: [ctgg.retreats@gmail.com](mailto:ctgg.retreats@gmail.com) to check availability.

If space allows non-members may sign up for a retreat 1 week prior to retreat dates, please send email to: [ctgg.retreats@gmail.com](mailto:ctgg.retreats@gmail.com) to check availability.

### How to Register:

- 1) Online: <http://commonthreadquiltguild.ca/guild-activities/retreats/>
- 2) At Guild meetings
- 3) By email: [ctgg.retreats@gmail.com](mailto:ctgg.retreats@gmail.com)

**Location:** Notre-Dame des- Champs Community Centre , 3659 Navan Road, Navan, K4B 1H9.

### Hours:

Friday 10:00—9:00 pm;  
Saturday 9:00—9:00 pm; and  
Sunday 9:00—4:00 pm.

**Cost—including meals:** \$80 for guild members, \$95 for non-members.

All participants are asked to help with set-up and take down as well as help with one meal serving or clean-up. A sign-up list will be available at the retreat for signing up for meals prep or clean-up.

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## NEW YEAR'S DAY MERRY MAYHEM MYSTERY SEW DAY!!

Are you a maniac Merry Mayhem Mystery monster? Would you like an extra sew day to get caught up, or, ahem, start a Merry May Mystery? Your wish has been heard, and January 5th has been booked at the Notre Dame des Champs community hall for YOU! Come put those clues together with the rest of us addicts. Whether you are working on the guild's current mystery, a past mystery, or want to start the upcoming New Year's Day mystery (<https://www.merrymayhem.com/onedaymystery.html>), this is your opportunity!

And if you want to join us and work on a non-Merry May project, that's ok too, the more, the merrier!

Saturday, Jan. 5, 2019

9:00 a.m. - 8:00 p.m.

\$10 CTQG members

\$12 non-CTQG members

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## WORKSHOPS

Sandra Baynes and Carol Nicholson

Don't forget to join us for our upcoming workshops. Register Now.

The guild still has some spots open for the following:

January 9 - Double Disappearing Nine Patch.

February 23 - Easy Peasy Thread Painting by Numbers

April 10 - Introduction to Reverse Applique.

<http://commonthreadquiltguild.ca/guild-activities/workshops/>

You can register by emailing workshops: [ctgg.workshops@gmail.com](mailto:ctgg.workshops@gmail.com), or in-person. Payment is to be made in-person at a Guild meeting. Please visit us at the Workshops table.

Sandra and Carol







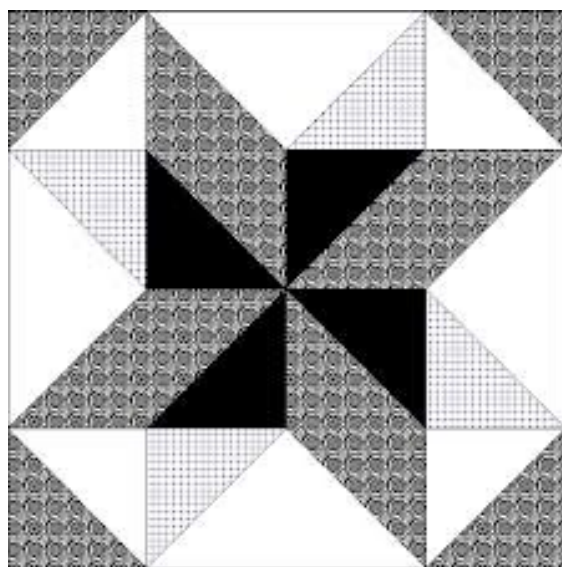
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¼ page: \$16 / month  
(4½" x 3½")

½ page: \$30 / month  
(4½" x 7¼" or 8½" x 3½")

Full page: \$55 / month  
(8½" x 7¼")

### Contact

[ctqg.newsletter.billing@gmail.com](mailto:ctqg.newsletter.billing@gmail.com)



## PROGRAMME

## GWENN BECK-POTTIER

### Bill Stearman



In his lifetime, Bill has been a poor student, a badly-behaved son, a teacher, a high school vice principal, a husband, a father, a grandpa, a landscaper, a farmer, a shepherd, a community living home-care provider, a hospice volunteer, a zoo volunteer, a spinner, a weaver, straight, gay, a husband again, and now he tells his stories with quilts. His quilts have been juried into national and international shows across North America. Bill's energetic, optimistic, positive, and passionate approach shines through in his work, his Back Pack Shows and workshops.

## LIBRARY

## Paulette Beauchamp

Come visit the library for books and magazines and rulers!

We have the whole series of BLOCK magazines from the Missouri Star Quilt Company as well as more than 20 newly donated quilting books.

Check out the complete inventory and reserve an item on our [website under Resources](#).



## Executive and Committee Members

**President:** Laurelle Callaghan

**Vice-President:** Vicki Ross

**Secretary:** Carole Maisonneuve

**Treasurer:** Barb Till

**Past-President:** Debbie Isaac

**Programme:** Gwenne Beck-Pottier

**Retreats:** Paula Patterson, Wendy White

**Quilt Show Coordinator:** Cathy Gaudet

**Website:** Carole LaForge

**Membership:** Dorothy DeRose, Pauline McNally

**Workshops:** Sandra Baynes, Carol Nicholson

**Community Projects:** Catherine Parkinson

**Library:** Paulette Beauchamp

**Newsletter:** Eve Luecke, Laura Malo

**Shop of the Month:** Linda won

**Sew Days:** Kathy Sheldrick

**Challenge:** Laura Malo

**Fat Quarters :** Del Jazey, Susan Baker

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## COMMUNITY PROJECT NEWS

### Summer Contest Panel Panache

The Summer Contest is now over. Thank you to everyone who participated. At the November meeting we had the draw and two lucky people each won \$50.

For those members who still have a panel that they signed out, it's not too late to bring us a quilt. We still have a need for quilts.

### Community Projects

#### Outreach Recipients and Quilt Sizes:

- Ottawa General Hospital Cuddle Quilts: 22" x 22"
- CHEO: 36" x 48" for infants, up to 52" x 60" for teens
- Eastern Ottawa Resource Centre, Orleans: 40" x 60"
- Interval House, Ottawa: any size
- Carty House, 40" x 60" or larger
- YM/YWCA TRY Program, 40" x 60" or larger
- The Infant and Child Development Program of Algoma Public Health, Ontario: 40" x 50"
- Chernobyl, Europe: any size
- Cornerstone Housing for Women, Ottawa; 40" x 60" or larger

*\*Please remember to put our CTQG label on the back lower corner of all quilts you donate. Thank you!*

### Cuddle Quilts

In November we received 73 cuddle quilts from our members. Our total for this year (from September) is 260! Great work, thank you!

### Non-skid Soles for CHEO Slippers

Volunteer Services of CHEO is asking if any of our Guild members would be interested in sewing non-skid fabric onto the soles of slippers that are donated to CHEO. These slippers are hand knit and are very slippery on the hospital floors so they would like volunteers to provide and sew on non-skid soles. If anyone is interested, please come and see us at the **Community Projects** table at the next Guild meeting and we can provide you with the contact information.

### YM/YWCA TRY Supportive Housing for Women.

The TRY program provides low cost housing with support for women who are homeless or at risk of being homeless. The women have a private room but share common washrooms and kitchen facilities. Rooms come furnished with a closet, bed frame and small fridge. Clients provide their own mattress, bed sheets, towels, cooking utensils, and groceries. Often these women arrive with only a blanket for their bed. By giving these women quilts we can help keep them warm and hopefully provide some comfort.



**Victoria's Quilts Canada**  
is always happy to receive your  
fabric donations.



Victoria's Quilts Canada is a charitable organization of volunteers that provides quilts to people living with cancer in Canada – as a gift. To make the quilt tops, we rely on donations of 100% cotton fabric. We can't use Christmas, baby or novelty fabrics, but we take just about anything else – as long as it's unused and at least ¼ metre in size. Why not trim down your unruly stash by donating part of it so that we can continue providing comfort to those dealing with this dreaded disease.



To donate, email [fabricdonations@victoriasquiltsCanada.com](mailto:fabricdonations@victoriasquiltsCanada.com) or call [\(613\) 843-9212](tel:6138439212).

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## MEMBERSHIP

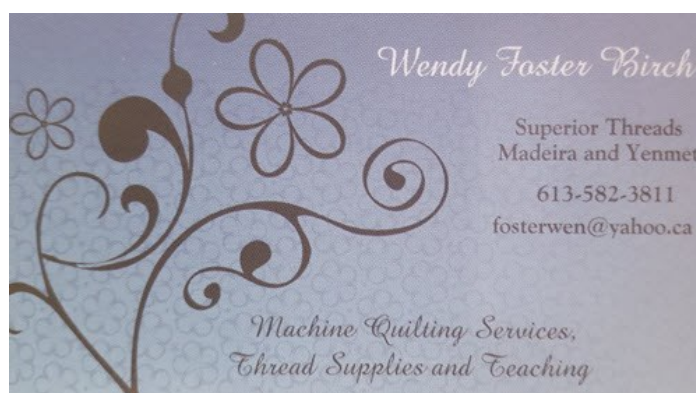
Dorothy DeRose    Pauline McNally

If you have ordered a name tag, please remember to collect it from the Membership table.

We still have 7 spaces available for new members!

To comply with fire regulations limiting the capacity at MIFO, we need to keep track of the number of people attending our meetings. Signing in allows us to know how many people are in the room as well as giving you the opportunity to win a fat quarter supplied each month by Quilty Pleasures in Orléans.

Dorothy and Pauline, Membership





## No Frills Sew Days

Cathy Sheldrick ([ctqg.sewdays@gmail.com](mailto:ctqg.sewdays@gmail.com)) is hosting our No Frills Sew Days starting this fall. Next sew day is Saturday, January 12th, 2019.

[Register online](#) or in person at a guild meeting.



**What?** A monthly Saturday Sew Day, great friends, great space, little work.

**When?** 9am-8pm—the second Saturday every month beginning in October. Mark your calendars and register now!

**Where?** **Centre Notre-Dame- des-Champs Recreation Centre, 3659 Navan Road.**

**How?** This is a co-operative effort among participants; minimize work, maximize fun. All you ever needed to know to participate you learned in Kindergarten. All you need to bring with you is a cheerful attitude, your lunch and/or dinner, your sewing projects and supplies, beverages. No liquor licence will be purchased. The cost is \$10 (member) or \$12 (non member). Bring your friends!

**No frills means no frills.** Participants will be responsible for set up and take down of their personal work space. Volunteers will be needed to bring guild sewing supplies (irons, ironing boards, Accuquilt, etc.) from the basement and return same. Access will be given to Guild dishes including kettle but participants must clean their dishes immediately upon use. Participants are required to bring their own tea, coffee etc. No supplies will be purchased for sew days.

**Sign up** will be at Guild meetings (on sign up sheet), by [booking on-line](#), or on [Facebook](#). Money will be collected only at the sew days. Drop ins are welcome assuming there is space available.

**Why?** Sewing at home is good; sewing with friends is even better!!!!



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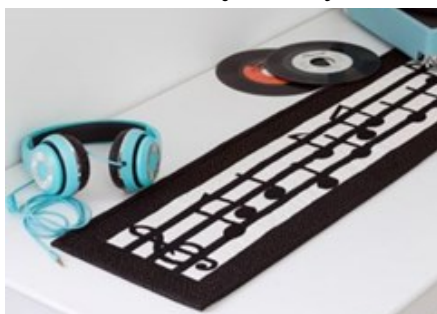


**NEW ACCUQUILT Dies** have been added to the guild's library. These, and our other dies, are available for you to use whenever the guild is using the Notre Dame des Champs Community Hall. The patterns for the items shown are all available at: [www.accuquilt.com](http://www.accuquilt.com)  
The updated list of available dies is available at: <http://commonthreadquiltguild.ca/accuquilt-fabric-cutter/>

**Northwoods Medley** - I LOVE these placemats, but this design would make a fabulous quilt!



**Music Medley** – do you have a song in your heart, or a musician in your life?



**Cleopatra's Fan**



**OTHER NEW DIES:** 8" clamshell, 8" circle, 3.5" and 7" Drunkard's Path, Lowercase letter dies