

The Common Thread QUILT GUILD

Next Meeting: January 8, 2013

Doors open at 6:45 p.m. and the meeting starts at 7:30 p.m.

Programme:

Sherrill Crowder and Janet Hope

Kangas, Kitenges and Volunteering in Tanzania.

Fellow guild member Maria Fleming spent several weeks this Spring in Tanzania. Her volunteer work was with a women's sewing group creating handbags from the local fabrics - kanga and kitenge.

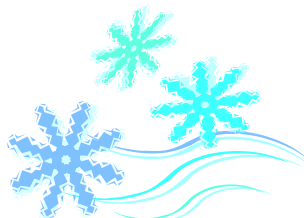
Maria will discuss the fabrics as well as share with us some of her volunteering adventures.

Shop of the month:

[Dragonfly Fabrics](#)

Fat quarter theme:

Tone on tone whites, off whites, silvers and blues for winter snow and silver ice and blue skies

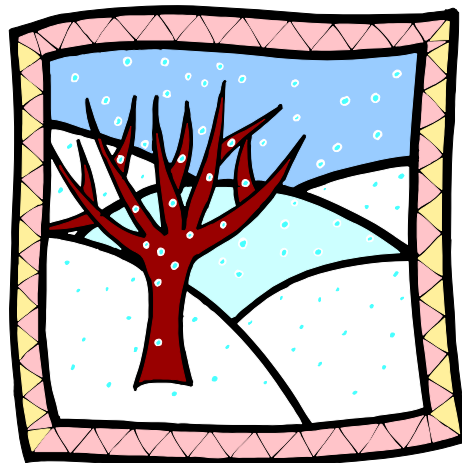


January 2013

President's Message - Shirley MacFadden-Geiger

JANUARY. 2013, It's here! A New Year, with all the hopes and resolutions that a fresh start can bring. I've never been a big fan of new resolutions, but I have a few traditional ones that I make every year! One quilting promise is to finish at least 2 UFO's (for me, a UFO has been a Work In Progress for at least one year). They are easily tracked, as I write all my quilt projects in a book, and every January I start a new list. I record the WIPs, the UFOs, the WIMMs that didn't get completed. Throughout the year, the list gets longer, as there are always new projects and ideas. I am waiting for a year where the To Be Done list is shorter than the previous years completed. AS IF!

I love my list. I love realizing how much I have accomplished over the



years (even though I take pictures, I forget how many quilts are given away). I love the achievement of ticking off the finished projects, and I LOVE when I've FINALLY finished a UFO and it doesn't have to be recorded again!

My 2013 wish for you is to also finish at least 2 UFOs. (And please, if you don't have any, DON'T tell me!) Happy New Year Everyone!

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Directors of the Guild

President	Shirley MacFadden-Geiger
Vice-President	Jeannine Lemay
Secretary	Judy Loree
Treasurer	Kirstin Fearon
Past-President	Susan Baker
Program	Sherrill Crowder

Heads of Standing Committees

Retreats	Barb Till
Membership	Del Jazey Rachel Mathews
Workshops	Sylvie Proulx
Community Projects	Catherine Parkinson
Library	Nettie Jolley
Newsletter & Website	Andrée Faubert

CTQG Mailing Address:

P.O. Box 62022
RPO Convent Glen
Orleans, ON K1C 7H8

To reach members of the executive, write to
info@commonthread.on.ca

Membership Directories

You have another chance to pick up your copy of the 2012-13 Membership directory at the January guild meeting. They will be at the membership desk.

Only those who submitted their contact information are entitled to a copy.



Report from the "inch" collector

In December the obviously busy quilters in our Guild resulted in a total of 29,654.5 inches. This is our highest total to date. Our overall inch total now stands at 80,762.5 inches! This represents 1.27 miles of quilting and we have two more months to add to this total. Keep those machines humming!



Susan

You can help us by knowing the measurement of your quilts that you show at Bring and Brag. If you don't know the measurements, don't worry! Susan Baker and crew will be waiting with measuring tapes!

Library *Nettie Jolley*

Before the meeting, drop by the library and pick up a few books or magazines for inspiration.

Don't forget to bring back your books that you borrowed previously!





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Christmas Fundraiser—Thank you letter

Gloucester Emergency Food Cupboard
Centre de secours alimentaire de Gloucester
2040 Arrowsmith Dr
Ottawa, ON K1J 7V9



Common Thread Quilt Guild
C/O Pauline McNally
Ottawa, ON

December 17, 2012

Dear friends,

Once again, we send you a heartfelt thank you for the wonderful generosity you show every year in donating the many toiletry items. With your help, we can be assured that every family member goes away with a toothbrush, toothpaste and many other much-appreciated toiletry items. Though these items seem small, they are greatly appreciated by those who come through our doors seeking some extra help in feeding their families.

You help us help people like Paul (name is changed), and his 5 children. He recently lost his wife to cancer and was left to care for his young family with two children not yet in school. We helped him to feed his family as he was looking for another job to accommodate the needs of his family. Paul was able to receive food from us, enabling him to have money left to meet other financial responsibilities. He was so thankful to have that extra help as he dealt with so many added challenges to his family life.

As the holiday season is almost upon us, **the faces, stories, and individuals are all different but what they have in common is that they have increased challenges** to make ends meet. With your assistance we can continue to help Paul and other families. It has been almost 24 years since we have been serving the community and we value the impact that you have made through your generosity to us. We have seen similar stories time and time again of people who need that extra to help them through a tough time. Please know how much you have helped these people and made a small difference in their lives. Thank you.


Sincerely,

Gwen Bouchard
Executive Coordinator


Corporate Sponsor/Commanditaire de corporation


Major Sponsor/Bailleur des fonds principales

Calendar of Events 2013

Date	Event	Details
January 8, 2013 	Regular meeting	Program: Kangas, Kitenges and Volunteering in Tanzania with Maria Fleming Shop of the month: Dragonfly Fabrics Fat quarter theme: Tone on tone whites, off whites, silvers and blues for winter snow and silver ice and blue skies
January 18-20, 2013 Friday to Sunday	In-town retreat CHANGED see p. 8 for details	RJ Kennedy Community Centre 1115 Dunning Rd. Cumberland
February 2, 2013 Saturday	Workshop with Victoria VanderLinden	Dog Daze - paper pieced or appliqué St-Mary's in Navan
February 12, 2013	Regular meeting	Program: Wellness Workshop with Dr Mark Hunter, chiropractor Shop of the month: Flair With Fabrics Fat quarter theme: Reds and pinks for Valentines
February 23, 2013 Saturday	Workshop with Victoria VanderLinden	Twister & Lil Twister Roy Hobbs
March 2, 2013 Saturday	Workshop with Linda Palaisy	Scrap Eater Notre-Dame-des-Champs Community Centre, 3659 Navan Rd.
March 12, 2013	Regular meeting	Program: Out of Africa with Garnet Smalley Shop of the month: Quilting Quarters Fat quarter theme: Winter is almost over and batiks are a beautiful way to forget the slushy snow banks
March 23-25, 2013 OR April 13-15, 2013 Saturday to Monday	In-town retreat (choose one weekend only)	Notre-Dame-des-Champs Community Centre, 3659 Navan Rd.
April 6, 2013 Saturday	Workshop	TBD Notre-Dame-des-Champs Community Centre, 3659 Navan Rd.
April 9, 2013	Regular meeting	Program: Pat Reynolds, Lakeview Studio, Haliburton. Trunk show Shop of the month: MadAboutPatchwork Fat quarter theme: Greens for new leaves and purples for tulips
May 4, 2013 Sunday	Workshop with Irene Lafleche	Quilt Diva Notre-Dame-des-Champs Community Centre, 3659 Navan Rd.
May 14, 2013	Regular meeting and Annual general meeting	Program: Spring Social and Challenge Shop of the month: The Country Quilter Fat quarter theme: Prints for children playing I Spy in the play-ground
June 11, 2013	Regular meeting	Program: ArtWear Ottawa fashion show Shop of the month: TBD Fat quarter theme: Water colours of any kind to celebrate our country's lakes, rivers and oceans

Workshops *Sylvie Proulx*

Good day ladies!

Since our December meeting, I've added a new workshop for the year.

Here's the line-up at press time:

- February 2 (Saturday) – **Dog Daze** – St-Mary's in Navan – Choose paper piecing or appliqué
- February 23 (Saturday) – **Twister & Lil Twister** – Roy Hobbs – Bring your own ruler(s) (available at Quilty Pleasures)
- March 2 (Saturday) – **Scrap Eater** – St-Mary's in Navan – No cutting involved, just bring your scraps
- May 4 (Saturday) – **Quilt Diva** – Notre-Dame des Champs in Navan – bring your pattern – (available at Dragonfly Fabrics – not sure if Quilty Pleasures or Aunt Beth's has it)



Our regular workshop fees are \$35 for CTQG members and \$40 for non-members. Special workshops will be priced differently.

Remember that we need a minimum of 6 registered quilters that have paid to run a workshop; otherwise the workshop gets cancelled and fees get reimbursed to those who had registered and paid.

I'm looking for fresh and new quilt workshop ideas. If you have workshop suggestion, send me information at: Sylvie-proulx@rogers.com

See you at the January meeting!

Sylvie



Twister Quilt

Date	Workshop Title and Instructor	Location	Fee - Members / non-members
February 2, 2013 (Saturday)	Dog Daze - paper pieced or appliqué Victoria VanderLinden	St-Mary's in Navan	\$35 / \$40
February 23, 2013 (Saturday)	Twister & Lil Twister Victoria VanderLinden	Roy Hobbs	\$35 / \$40
March 2, 2013 (Saturday)	Scrap Eater Linda Palaisy	St-Mary's in Navan	\$35 / \$40
April 6, 2013 (Saturday)	To be determined	Notre-Dame des Champs	\$35 / \$40
May 4, 2013 (Saturday)	Quilt Diva Irene Lafleche	Notre-Dame des Champs	\$35 / \$40

Community Projects Committee

Chairperson: Catherine Parkinson; Barb Donaldson, Catherine Senecal, and Victoria VanderLinden

How can you help? You can sign out a bag of donated fabric to sew into a top or finished quilt; or sign out a quilt top to be quilted; or donate a quilt, backing or batting.

A big THANK YOU to all the members who have contributed to Community Projects this past year.

- 1) The Common Thread Quilt Guild collects monthly donations of **Cuddle Quilts** for use at the **General Campus** of the Ottawa Hospital. Our goal for 2012-2013 is 350. **30 were delivered in December.**

SIZE MATTERS: Check out the size requirements: for optimum utility, please make your Cuddle Quilts 18" x 24", or make them 22" square. Our battings and backings are cut 24"x 24" to finish 22" square.

- 2) We support the women's programs and seniors programs at the **Eastern Ottawa Resource Centre** with adult themed Comfort Quilts (40" x 60"). **In December we delivered 10 walker pockets.**

We have received a request from the Eastern Ottawa Resource Centre for walker pockets. These are pouches that hang on walkers and are used for carrying items like glasses, wallets, magazines, etc. If anyone is interested in making one, at the January Guild meeting we will have patterns and precut kits available. We are asking that you return the finished pockets by March.



- 3) **CHEO Children's Oncology** –Children's quilts from tots to teens. **20 were delivered in December.**

- 4) **CHEO Dialysis** - Children's quilts from tots to teens.

- 5) **Chernobyl Quilts** - all sizes from infant to adult can be donated for shipping to Chernobyl, Belarus. **The 2013 delivery goes in January, so you have time to bring your donations to the January meeting.**

- 6) **Interval House** - Bright and cheerful quilts for mothers and children fleeing domestic violence. **11 were delivered in December.**



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- Do you have that quilt top that just needs quilting? Let me help you. Give me a call.
- Get your quilt back within a month!

Upon presentation of this ad and your guild membership card, you will receive 10% off any quilting services.

Retreats for 2013 - Changes!

In-town **Changed** January 18-20, 2013
Cancelled January 26-28, 2013

Due to unforeseen circumstances, the January in-town retreats have changed. The first retreat will run from January 18 to 20 at the RJ Kennedy Community Centre in Cumberland. The address is 1115 Dunning Rd.

The January 26-28 retreat has been cancelled.

Changed! Fee is \$75 for members (\$90 for non-members);



Upcoming:

In-town March 23-25, 2013
 (choose one) April 13-15, 2013

In-town details for the March and April retreats:

- Sign up for one of the two weekend retreats offered;
- All retreat will be held at the Notre-Dame-des-Champs Community Centre, 3659 Navan Road;
- Start at 1:00 pm on Saturday;
- End at 5:00 pm on Monday;
- **Changed!** Fee is \$75 for members (\$90 for non-members);
- Price includes meals.

Sign up by email or at guild meetings.

Barb Till

retreats@commonthread.on.ca

Winter Open House at Quilty Pleasures - January 17, 2013

Our winter open house will be held on Thursday, January 17, from 3:00 until 8:00, giving you a chance to see our class samples, meet our teachers, and sign up for your favourite classes before they fill up.

As a special treat during the open house, Sheila O'Hagan, a top-notch sewing educator, will be joining us with her two-hour presentation and trunk show on "Beautiful Batiks". She'll start with a video tour through the production process, followed by a display of spectacular batik quilts. "Beautiful Batiks" will be offered at 3:00 and again at 6:00. The open house is free, but there is a \$15 charge to attend the batik presentation, which includes a CD of many of the patterns from the trunk show.

Pre-registration is required.

Call us at 613-834-3044 to register.



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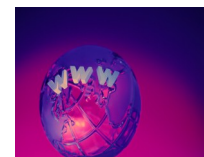
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Open Monday to Thursday 10 to 5:30 – Saturday 10 to 5
Friday 10 to 7 (except July & August)



Connections *Andrée Faubert*

Quilting Magazines



When I first started quilting, it seems that I just couldn't get enough of quilting magazines. Now that it's been about 5 years, I've discovered that although magazines are relatively inexpensive (lets face it, \$8.99 is still cheaper than a new quilting book at \$29.99), after a while, many start looking the same. Now I only buy a new magazine when there are at least 2 projects in it that I want to make.

I went through a phase when I read those quilter's life style magazines - you know the ones that have quilting industry articles, recipes and then fun facts about the quilting greats of the industry. They were interesting for a while, but since I can't keep actors' names straight - I will absolutely never keep quilting celebrities' names in my menopausal brain! All of this to say that it's getting really hard to find quilting magazines to buy!

In my search online for all things interesting and quilty (now a new word!), I did find a FREE online quilting magazine. Here's the link for you to check it out yourself. <http://www.onlinequiltmagazine.com/>
It's not bad. The January issue has a couple of interesting articles and a very nice quilt that is very well explained. Try it out and let me know what you think.



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Quilt Musing Jane Maddin

Do you have problems finishing what you start? Do you have zillions of UFOs (UnFinished Objects) or WIPs (Works In Progress) or PHDs (Projects Half Done)? Do you start something and then run out of steam OR decide that you don't like it partway through? Or do you get distracted by something new? (Oooo, shiny!)

I love quilting and it is a rare thing that I start something and get partway through to decide that I don't like it (although that happened with the bags I designed this year, but I think that was because I have made 44 of them... and still have 2 on order!) I do, however, frequently wish something was done so that I could start something else! So I have come up with a way to 'solve' this. It might help you, so I thought I would share...

So I feel it is helpful to set a goal. So let's say it is, Finish something!

I have read lots of organization books - you know, the kind that tell you how to solve all your house-keeping problems - and they seem to focus on two main things (after the goal setting process.) You either are overwhelmed by the entire task of doing whatever it is you need to do. Or you are so focused on doing it perfectly that you are kind of paralyzed - too afraid to start because you know you can't do it perfectly... (Or in the case of quilting, maybe you start, but you don't finish because those points in that block are not exactly right!) I've written a musing on perfection so I am going to pass on my motto, as I feel it bears repeating, and then head back to point one. "Better Finished than Perfect!"

These same self-help books suggest that breaking an overwhelming project down into separate tasks is helpful. I also find that a LIST is helpful. I find a list particularly useful when the thing that I am doing is something unpleasant, as I might be able to trick myself into getting something done, simply for the pleasure that I get by crossing something off the list. I have highlighters in different colours and I find a

list that has lots of colour on it VERY satisfying... (A list also focuses me on the task so I don't get side-tracked into doing something else. It makes it apparent WHERE I am and what I need to do next!)

Back to quilting! How, you ask, is this going to help you finish something? Well! Let me make a suggestion. Get TWO things out that you would like to finish. Get TWO pieces of paper. At the top of each piece of paper write the name of the project - Blue and Brown Quilt and Batik Placemats for example. Take a few minutes and figure out what has to be done to finish each project. The Blue and Brown Quilt might just be at the pile of fabric stage; so labelling, cutting, piecing, layout, etc. etc. And perhaps the placemats need to be sandwiched and quilted; so cut the backing, cut the batting, chose the quilting pattern, pick out the thread, quilt, make the binding, etc. Make TWO lists. Post the lists some place where you can see them.

Do one thing on one of the lists. Cross it off with a highlighter. (If you find that it is taking you too long to complete something on your list, maybe you didn't write down enough steps. Break the task into smaller steps!) If you are having fun with that project, you can do the next step on that list too, but don't get too gung-ho about one list - do something on the other one too! Alternate the lists, use lots of pretty colours with your highlighters, and get TWO projects finished for the price of one!!

When I make bags, I use the second project as a reward for finishing the next step in the bags that I have on order!! This way, I make progress on two things and I enjoy the anticipation of the next step on a new project, whilst revelling in the pleasure of finishing a step on something that needs to be done too!! So whatever trick you have up your sleeve, enjoy the process! I hope these tricks help you, and really, really, do remember, "Better Finished than Perfect!"



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Block Reminder

Those who took home a "baggie" from the Christmas social are reminded that the 2 completed blocks are to be handed in at the January meeting.

We will also be taking names of anyone interested in being involved in putting these blocks together- an opportunity to get together with some fellow guild members. We would welcome as well any offers to quilt one of our 6 pieces.

A sincere thank you to Linda Won, Tammy Davies, Ann-Louise Masek, Paulette Beauchamp and Kathy Scorah who gave precious retreat time to help with cutting and bagging.

Upcoming Events



Upper Canada Village invites all quilters to enter their **2013 UCV Quilt Challenge**

The quilt is to be medallion style, either pieced and/or appliqued. It should be a square quilt, each side a minimum 30 inches, to a maximum of 40 inches. You can use up to civil war era reproduction fabrics. All entries can be either machine or hand pieced, as well as hand or machine quilted.

The theme for 2013 is the bicentennial of the Battle of Crysler's Farm.

For more information, see the poster on our website at:
<http://www.commonthread.on.ca/pdfs/UCVQuiltChallengeInfoSheet-2013.pdf>



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