

## $\underset{\text { Linda Won }}{ }$ President's Message

The dawn of a new year has always been a time for reflecting on the past and, more importantly, looking forward to the coming year. It is a time to think about changes we want to make and resolve to follow through on those changes.

This past month I have been seriously contemplating making a New Year's resolution about quilting-such as not shopping for new quilting projects in 2010. When I have talked about this with my quilting buddies, they usually respond with loud gasps or ask "Why would you do this to yourself?"

I can see why New Year's resolutions have acquired something of a bad reputation. How could they not, since making them almost invariably leads to breaking them? So why bother?

Well, I thought I could do it ... I checked my quilting planner and found I have 14 projects lined up for next year, with the supplies all ready in my basement! But could I say "No!" to shop-hops, visits to new quilt shops while on vacation, and shopping at quilt shows, especially ours in May? Could I attend quilting Retreats and see the projects others are doing
without wanting to rush out to get those supplies for myself? Hmmmm!

I quickly realized I needed to rethink my strategy. I thought of placing caveats on my resolution such as allowing myself to shop once I have completed a certain number of my 14 projects. But again, I asked myself, "Why bother?"

And then it hit me. I can make my New Year's resolution something that helps me make this my best quilting year ever. And if the resolution helps me complete some of my 14 already-planned projectsbonus! So I decided to be good to myself this year and promise that I will:

- Do something I love to do and that I do best, regularly;
- Do something just for me every single day; and
- Give myself credit and a pat on the back when I deserve it!

So if you decide to make a New Year's resolution, I suggest you have fun and be good to yourself. I hope to run into some of you when I am out shopping!

Next Meeting
January 12, 2010

## programme anet Hope

shop of the month
Aunt Beth's Quilt World
fatquaters thene
snow flakes and snowmen

## membershíp

From now until May 31,2010
the membership fee is $\$ 15.00$.
Membership has privileges ...
check out our web site. Guild pins are always available for $\$ 5.00$. Guest fee is $\$ 4.00$
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## THE COMMON THREAD QUILT GUILD NEWSLETTER

| Executive |  |
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| Community Projects | Victoria Van der Linden |
| Quarters <br> Club | Elizabeth Jones-Villeneuve |
| Quilt Show Coordinator | Shirley Geiger |

To reach members of the executive write to info@commonthread.on.ca


## Quilt Show Pledge <br> Kirstin Fearon

My commitment to the show is a finished quilt. [Insert giggle here.] Actually, it is already finished. [Insert shocked expression here.] The quilt I am submitting is one that I worked on the last 2 years and it is called Crow's Feet. It started about 2 years ago, while I was at my parent's home, and my mother was showing off her new program on the computer, EQ5 (I think). This handy program lets you design quilts and allows you to match your fabrics and gives you the yardage required, etc...but I digress...

She had designed a quilt that she was going to make, but when I saw it, I decided that the pattern was something I wanted to try. And so, I asked if I could make it... and mom being a mom, she gave me the pattern. We went and I picked out my fabrics at this "hole in the wall" discount/salvage shop in Calais, ME, where you can buy a yard of fabric for less than $\$ 5$ and the yard is really a metre. She looked at my colours and said... really? I don't know about those... and I said trust me. So, through many small pieces and mistaken cuts, I finished the top, I didn't really do some of the setting triangles right but it turned out OK. The good part of show and tell is when you get the ooh's and aahh's from quilting friends which I did. And since the quilt has a bit of white space, I thought it needed a special touch. And then mom gave me another gift. She took the top and hand-quilted it for me. The white space has some beautiful fans and the overall look is delightful. I was so proud of what we had done together.

So my quilt will be displayed amongst my peers. It will have been a gift from conception through to completion. After the show is over, the quilt will travel with me, back to New Brunswick, to stay with my parents as a final gift and thank you to mom.

## FOR SALE

Ott-Lite ${ }^{\circledR}$ Antique Brushed Nickel Bedside Lamp
Regularly priced at about \$150, I offer this lamp for $\$ 50$ complete with ott-lite bulb. Perfect for reading and quilting. Please call Wendy at 613-733-5362 and I will bring to January meeting, or you can arrange for alternate pick-up, if preferred.


## THE COMMON THREAD QUILT GUILD NEWSLETTER

## Quilt Musings

from the typewriter of Jane Maddin

The Beloved Dearly and I have recently had a house built. (What has this got to do with quilting you ask?) (And the amazing thing is, it DOES have something to do with quilting; specifically with my Quilt Studio.) I used to (like many of us) quilt in the dining room. I would clear the table off, do my cutting, clear the table off, do my piecing, clear the table off and use my 30 year old Kenmore to free motion quilt. My family, bless their hearts, never complained. And for a wonder neither did I! I was just so happy to be quilting.

Eventually, my son moved out. Did I quickly turn his bedroom into a Quilt Studio? No I did not. I very quickly turned it into a JUNK room. Too many hobbies and interests, too little space!

I bought a kitchen table second hand, and set it up in the living room and happily quilted there. This did generate complaints. Having a kitchen table in the corner of the living room (with the quilting stuff on it) was not particularly appreciated by The Beloved Dearly! The table folded up quite nicely, and as long as I put it away between quilts, TBD could deal with an extra table in the way once in awhile.

My daughter and I got ready for her wedding. I realized that the Junk Room was going to HAVE to go. I needed (no, not a Quilt Studio) a Guest Room! I spent a month and a half emptying that room and a weekend putting it back together as a Guest Room. (THREE weeks before the wedding, TBD asked me why I was in such a panic about the Guest Room with 4 weeks to go before the wedding. I rolled my eyes at him.) The wedding happened without a hitch and SUDDENLY, there was an empty room in our house! It didn't take
very long before my Quilt Studio was set up! A flannel sheet was hung on the wall by the window, as a design wall. (This turned out to be a mistake - if you open the window, your design wall flutters and all your fabric, so painstakingly laid out there, falls off onto the floor.) The sewing machine was set up on the sewing table, and left there, except for mini retreats.

I will have a Quilt Studio here. Right now it has framed walls, a concrete floor, and all my quilting accoutrements in there, more or less at random. Yesterday, half of the ceiling was drywalled, SOME of the quilting things are placed where they are going to go (or where I think they are going to go) and the room holds enough drywall dust that if there was a way to do it, we could knit another sheet of drywall.

Two weeks ago a new friend came over to quilt. I dragged the sewing machine upstairs and put it on my dining room table. The island in the kitchen made a perfect cutting table, and for that matter, a great place for my big ironing board, although not really at the same time. We carried the table up the stairs, and set it up for my friend to use. I was amazed at how inconvenient that all was! I missed my Quilt Studio. I couldn't believe that $I$ used to happily drag all this stuff out and put it all away again every time I wanted to quilt! You may rest assured that we will be finishing the drywalling, and then $I$ will be getting that Quilt Studio organized and set up - to be appreciated by this quilter as never before!

Happy Quilting, no matter where you are doing it!

Community Projects Committee: Victoria Van der Linden, Catherine Senecal, and Barb Donaldson

## How does the committee work?

You can sign out a bag of donated fabric to sew into a top or finished quilt; or sign out a quilt top to be quilted; or donate a quilt; or donate fabric and batting-come see us for details. Remember: we will pay for your batting if you quilt a quilt for us, or contact us ahead of the meeting and we will bring a batt cut to the size of the quilt you have made.

1. The Common Thread Quilt Guild collects monthly donations of Cuddle Quilts for use on the isolettes at the General Campus. The tiny at-risk babies look less clinical in their quilt-covered bed, and the families take the quilts home. Barb Donaldson can tell you more about sizes, can show you patterns, and can give you donated fabrics and batting. Thirty-six cuddle quilts were donated in December.

CUDDLE QUILT SIZES: Check out the new size requirements: for optimum utility, please make your Cuddle Quilts $\mathbf{1 8 "} \times \mathbf{2 4 "}^{\prime \prime}$, or make them 22" square. Our battings and backings are cut $24^{\prime \prime} \times 24^{\prime \prime}$ to finish $22^{\prime \prime}$ square. It is up to you to provide for the $18^{\prime \prime} \times 24^{\prime \prime}$.
2. We support the Victims of Violence outreach program with young child/teen/adult themed Comfort Quilts ( 40 " x 60".)
3. We support the St. Mary's Community Outreach Centre with baby/child themed quilts (anything from $30^{\prime \prime} \times 40^{\prime \prime}$ to $40^{\prime \prime}$ $x 60^{\prime \prime}$ ). The young mothers benefit from counseling and instruction.
4. We have committed to making eleven $65^{\prime \prime} \times 80^{\prime \prime}$ single bed quilts to donate to the LifeHouse program administered by the Ottawa Mission. These quilts are not given away to their clients, but are there to decorate the rooms and make them a happier place for the men enrolled in the five-month program.
We now have the last two kits ready to be assembled for the Mission: you get 99 striped squares, 99 batting squares, and 99 backing squares ready for you to quilt, join, and clip the seams. Nine of the eleven quilts promised have been completed. Can you help with the last two?

## Labels

Ladies, even though you are encouraged to be creative in your quilting activities, we ask you to be a conformist when attaching labels to Guild community project quilts! Please follow the guide-
lines below when labeling your Cuddle Quilt, or any larger quilt:

1. Turn the quilt face down. Locate the lower right corner.
2. Place the label diagonally across the corner with the words facing you
3. Either pin or baste the outside edge of the quilt to the label. Trim the excess label.
4. Attach binding to the quilt edge, catching in the edges of the label. You do not have to sew down the long edges.

## New for 2010

Forget about a New Year's resolution like losing weight (like that is going to happen as long as there is chocolate in this world). Make a resolution that you can feel good about- like making a quilt for Community Projects. We can make it fun for you:

1. Sign out a bag of donated fabric and receive our new pattern for 2010. It is fast, fun, and very, very easy, so even a beginner can make it.
2. Sign up for Bag Lady Day on March 27. What you get: a FREE class on making a large carry bag with FREE fabric and grommets. You keep the bag, and take home inside it FREE fabric and a pattern to make a Community Project quilt.

## Workshops

Hello everyone.
Remember I presented you with a survey at a couple of guild meetings... We are offering you two sessions that received the most votes. "Colours and How to Make Them Work" in February and "Paper Piecing" in April.

For the March workshop, we're offering you something a bit different. It's called "Bag Lady Day". It's a FREE class on making a large carry bag with FREE fabric and grommets. You keep the bag, and take home inside it FREE fabric and a pattern to make a Community Projects quilt.

Class fee: none, if you sign up for a Community Projects quilt.

If you just want to learn how to make the bag, and not make a CP quilt, the class fee is $\$ 30.00$ and $\$ 35$ for non-members. A supply list will be provided.
 Ladies now is the time to open up the little fabric bag you purchased in Øctober.

The rules and size are listed in the October newsletter but I'll list them again in the February newsletter. Plus don't forget wall hangings are due by 9 pm at the March meeting. Have fun!

I still have two fabric bags left. You never know someone might need extra fabric.


2211 St. Joseph Boulevard, Orleans, Ontario K1C 7C5

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## THE COMMON THREAD QUILT GUILD NEWSLETTER

## Quilt Show 2010

This is it! This is the year of the next Common Thread Quilt Show! Have you decided on your entries yet? Have you started them yet???? This is our show, and WE are going to have a blast! Make sure you are part of it-enter a quilt, volunteer, invite people, and come to see your quilts. You'll be so glad you did!

Registration starts in February. Below you will find information on entering your quilt. If you have any questions, please don't hesitate to ask. You can e-mail the registrar at the guild address, or ask a quilt show committee member. We'll do our best to give you a speedy answer. Happy quilting!

## Registration Information

A separate Registration Form must be completed for each quilt (or quilted item) and given to the Quilt Show Registrar (Sherrill Crowder) with a colour photograph of the item. It is not necessary for the item to be finished at the time the photograph is taken or when the Registration Form is submitted, provided the photograph shows enough information about the item for it to be identified from the photo. Entry
forms will be accepted beginning at the February CTQG meeting until April 13, 2010.

Registration Forms will be available:

- at the February, March and April Guild Meetings;
- in the Newsletter beginning in February;
- or via the website at:
http://www.commonthread.on.ca/
If you are completing the form by hand, please staple the photograph to the front of the Registration Form and include on the back of the photograph, your name, telephone number and the name of the quilt.

Online registration: Members will be able to download the registration form from the website, complete the form and e-mail it to the Quilt Show Registrar along with a digital photograph of the quilt (or quilted item). Submitting the information
electronically will greatly simplify the preparation of the Program Booklet. For those members who choose this option, you will also need to submit a signed copy of the form for legal purposes on or before April 13, 2010.

## Please note

1. A label must be handwritten or sewn on the back in the bottom corner (preferably the right hand corner) and must include at a minimum the name of the quilt and the quilt maker(s).
2. A sleeve must be attached to all entries as follows:

- The sleeve must be 4 " in width and must be continuous across the top of the quilt, to within $1^{\prime \prime}$ of each side. It must be attached to the back at the top (just beneath the binding).
- For king size quilts only: Two (2) sleeves of 4 inches in width each must be sewn side-by-side (at the top of the quilt just beneath the binding) to within 1 inch of each side, leaving a $2^{\prime \prime}$ gap in between the sleeves. This will allow for proper hanging of your quilt.
- For quilts measuring less than $96^{\prime \prime}$ in perimeter: The sleeve must be $2^{\prime \prime}$ in width and must be continuous across the top of the quilt, to within 1 inch of each side. It must be attached to the back at the top (just beneath the binding).

3. When using a commercial pattern credit must be given to the designer by identifying the name of the pattern, the designer's name or the source of the pattern i.e. magazine name, book, website, etc. Changing the colour or making small changes in the pattern does not qualify as an original design. If the quilt was made in a class, please give the name of the teacher and if the pattern was in a book please give the name of the author. All entries are subject to copyright law.
continued ...

## THE COMMON THREAD QUILT GUILD NEWSLETTER

## Registration Info cont'd

4. Quilt drop off locations will be provided at the April Guild Meeting.
5. Quilts must be picked up at 5:00 p.m. the same day the quilt show ends. We ask that you bring a piece of identification when picking up your
quilt(s). If you are unable to pick up your quilt(s), you must make arrangements with someone else to do so for you (they will need to sign the "pick-up by" block on the form, which you will drop off with your quilt).
6. The CTQG reserves the right to reject an entry that does
not meet the rules of the Show.

For further information, please contact the Quilt Show Registrar by e-mail at registrar@commonthread.on.ca or any member of the Quilt Show Committee.

| Calendar of Events 2010 |  |  |
| :---: | :---: | :---: |
| January 12, 2010 | Regular meeting | Program: Wendy Foster trunk show Shop of the month: Aunt Beth's Quilt World Fat quarter theme: snowflakes and snowmen |
| January 23, 2010 | Workshop | Reversible Quilt with Joan Ramsay Burn |
| January 29-31, 2010 | Retreat | In-town |
| February 9, 2010 | Regular meeting | Program: Patti Carey, Northcott Fabrics Shop of the month: Sew Inspired Fat quarter theme: bright and funky |
| February 27, 2010 | Workshop | Colours and How to Make Them Work |
| March 9, 2010 | Regular meeting | Program: TBA <br> Shop of the month: Running Stitch Fat quarter theme: green or blue <br> Challenge quilts due by 9:00 |
| March 19-21, 2010 | Retreat | In-town |
| March 27, 2010 | Workshop | Bag Lady Day (see workshop article in this issue) |
| April 13, 2010 | Regular meeting | Program: TBA <br> Shop of the month: The Country Quilter Fat quarter theme: children's fabric <br> Voting for Challenge quilts |
| April 24, 2010 | Workshop | Paper Piecing |
| May 7, 8, 9, 2010 | Quilt Show | Gifts from the Heart |
| May 11, 2010 | Regular meeting | Program: TBA <br> Shop of the month: Heirloom Quilts Fat quarter theme: florals |
| June 8, 2010 | Regular meeting | Program: TBA <br> Shop of the month: Sew For It <br> Fat quarter theme: Asian |

