President's <u>Message</u>

Catherine Patterson

ere's some fun news.
Our illustrious Past
President, Cathy
Sheldrick has come up with an idea to add a touch of interest (at the personal level) to our meetings. She proposes that, at 4 or 5 of our meetings, dates to be a well kept secret, there will be a give-away of some quilt-related item to be bought from the Shop of the Month.

This new programme will be referred to as 'Treat of the Month' and will be something like a door prize in that you have to be there to receive a treat. It will begin in September 2009 and if it is popular we'll try to keep it going.

I hope your favourite textilerelated activities are keeping you warm during this particularly cold winter. It's too early to have hopes of spring but there is more than a hope of an additional spring In-Town Retreat. Check out Barb Till's report to get the news on that. There is still room at the March break in-town retreat as well if you need to get out of the house and into a quilting immersion, I know that's what I need and sooner than March too. Oh well, patience Prudence, the time will come.... See you all at the February meeting, dress warmly!

FROM THE EXECUTIVE

Don't forget to check out the Calendar of Events on the last page of the newsletter. There have been some changes since the December issue.

Next Meeting February 10, 2009

Programme

Janet Hope

All HEARTS come home for the holidays!!!! In February we will be having our Christmas tea!! Come join us and be sure to bring a project to work on. We have lots of surprises planned for you, and you get to spend time just visiting!!!!

SHOP OF THE MONTH

Julee's Homecrafts and Quilting Quarters

FAT QUARTERS THEME

Love: reds and purples

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February 2009

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Programme

Janet Hope

Workshops

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Pauline McNally Wendy Warren

Retreats

Barbara Till

Newsletter

Sylvia Gilfix

Challenge

Yvette Lessard

Webmaster

Sylvia Gilfix

Community

Victoria Van der Linden

Projects Quarters

Club

Gale Joyce Mariorie Hanson

Paula Brown

To reach members of the executive write to info@commonthread.on.ca

Announcements

Programme

Should you be available to assist with the tea service please contact lanet Hope at either thehopefamily@rogers.com or 613-841-2483.

Kathy Wylie Workshop

On the evening of our February meeting we will be accepting registrations for Kathy Wylie's workshop being held March 7th. The fee is \$25 for the one day workshop.

Membership Desk

From now until May 31, 2009 the membership fee is \$15.00. Guest fee is \$4.00. Membership has privileges.....check out our website. Guild pins are always available for \$5.00.

Invitation

Ladies we have been cordially invited to join the Renfrew Quilt Guild at a meeting on April 28th. This meeting would be a show and tell and probably a lunch. They meet in the afternoon so we would probably leave here mid morning possibly with a stop at the shop in Arnprior. I would like to get an idea how many might be interested. I will have a signup sheet on the Fat Quarter Club desk next guild meeting or you can call me (Gale Joyce) at 613-841-1950.

Fat Quarter Club

Hey everyone! Don't forget about your fat quarters for February. The theme: Love and reds and purples.

Remember you will be eligible to win a fabulous gift basket if you complete a quilt with the squares that you have won.



2 February 2009

Quilt Musings for February

Jane Maddin

I'm lucky enough to have some friends with whom I get together on Thursday nights to 'Stitch' every week. There are four of us, we all work in elementary schools, and two members of the group are teachers. Needless to say, during report card time we don't get together.

I think I must be 'goal-oriented' if there is such a thing. I love to quilt - and I love to FINISH what I start - and the reason that I emphasize the word FINISH is because I have many knitting, crocheting, counted-cross-stitch, embroidery, tatting, painting (shall I go on? Perhaps not, you get the idea!) projects that are not completed. BUT I have only one started "and not yet completed" quilt project. I have an excuse for that too - I took a course to learn to make a specific quilt and when I got to the class, I discovered that I had somehow signed up for a hand-piecing course. I HAVE hand-pieced in the past, but I have to say that for a 'goal-oriented' person, hand-piecing seems to take me TOO long to do. So that quilt is sitting in a little box in several hacked up looking pieces and one of these days I'm going to pin the living daylights out of it and sew it on the machine even though it really ought to be put together by hand!

And by 'goal-oriented' I don't mean that I have to finish an entire project in one sitting either. I seem to be quite capable of dividing a project up into perfectly reasonable steps and as long as I get that part that I intended to finish done, then I am happy and content.

Anyway, back to the point behind the 'goal-oriented' person and quilting with a group. Oh, one more thing. I LOVE to talk. I love to sit and drink tea or coffee and gab. I don't think that I'm particularly 'into' gossip, and I don't watch TV so sometimes my topics are limited, but I love to talk (and I try to listen as well.)

So that second quality causes people who are good judges of character to be surprised when they meet me at one of these quilting evenings or, if I am lucky enough, a quilting day. IF I have a project with me, and a goal - whether it is part of the quilt (ie, cutting or quilting or getting the binding ready) my friends are often surprised at how much I get done in one day. Because without that goal, my normal modus operandi would be to sit, drink the tea or coffee and TALK. But the GOAL - that's the thing that changes it all. That is THE thing that takes my "disorganized, fly-by-the-seat-ofmy-pants, talking the whole while" day and turns it into a productive, wonderful time! And I LOVE having that goal!

I have read several books on goalsetting, and they all emphasis that it is important that the goal that you set be 'reasonable'.

So I urge you to set small goals and work till you meet those goals. If you can't do that, perhaps you didn't break your job up into small enough pieces! Anyway, my goal - finish this 'musing', e-mail it and head off to bed! Happy quilting!



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Community Projects

Victoria Van der Linden

Community Projects Committee: Victoria Van der Linden, Catherine Senecal, and Barb Donaldson

How does the committee work? You can sign out a bag of donated fabric to sew into a top or finished quilt; or a quilt top to be quilted; or donate a quilt; or donate fabric and batting—come see us for details.

We appreciate the work that you do for our community projects, whatever you may do to help the cause. *Congratulations to Trudy Macdonald* who won the "thank you for your giving" whole cloth quilt in January.

Want to try out your machine quilting skills? Visit our table at the right of the stage to join in finishing our many quilt tops

for the following charities:

1) The Common Thread Quilt Guild collects monthly donations of Cuddle Quilts for use on the isolettes at the General Campus. The tiny atrisk babies look less clinical in their quilt-covered bed, and the families take the quilts home. Barb Donaldson can tell you more about sizes, can show you patterns, and can give you donated fabrics.

Thirty-two Cuddle Quilts were delivered in January. Visit Barb to pick up pre-cut batting for your quilts.

2) We support the Victims of Violence outreach program with young child/teen/adult themed Comfort Quilts (40" x 60"). Two thank-you notes were received last month with messages from nine clients who received quilts. Visit the table to see for yourself how much your charitable giving is appreciated.

FREE PATTERNS: Catherine Senecal will be on the stage at the February meeting. She has a pattern for you and invites you to share her obsession for using up even the tiniest piece of leftover fabric.

FREE PATTERN BOOK: The reprinted 2007 pattern booklet with one new pattern is available from Barb Donaldson.

FREE HOOPS: anyone need a hand quilting hoop?

3) We support the St. Mary's Community Outreach Centre with baby/child themed quilts (anything from 30" x 40" to 40" x 60"). The young mothers benefit from counseling and instruction. **Twenty-six** quilts were delivered in January.

New for 2009

The Odawa Native Friendship Centre, 12 Stirling Avenue, Ottawa has made a request that we consider providing comfort quilts for distribution to their elderly clients. They would given at an Elder Appreciation Ceremony in June. The target number: 40. Fourteen were pledged in January.

Some special design elements need to be considered. If you are interested in participating

> in this new outreach opportunity, come to the Community Projects table before the meeting, or during the break, to speak to Victoria Van der Linden. She can also be

contacted through Julee's Homecrafts in Osgoode: 613-826-1243.

THE COMMON THREAD OUILT GUILD NEWSLETTER



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<u>Challenge</u>

Yvette Lessard

...Old MacDonald Had a Farm... EE | EE | Q

Ladies, its time to open up the little brown bag of fabric you purchased in September.

Old Mr. MacDonald bought his farm .. NOW he needs buildings, animals, tractors, any equipment, he's desperate, spring is almost here and he has nothing but the land so far. **PLEASE HELP HIM!**

Wallhangings are due by 9pm at April 14th. meeting.

Remember the Ovarian Cancer raffle quilt?

Angels in Action were able to give a cheque for \$38,802.00 dedicated to ovarian cancer research to the Ottawa Regional Cancer Foundation in January. \$3,000.00 of that came from our quilt! The second quilt will be raffled in Toronto in 2009.

Looking ahead to 2010

Angels in Action have asked if we would consider providing another quilt for them to raffle in Ottawa. The last two quilts were given in the name of Bonnie Parks by her friends and fellow Guild members, with financial assistance from the Guild. If your quilting group would like to respond to this request with a queen sized quilt in blue, delivered by January 2010, contact Victoria Van der Linden.

Retreats

Barbara Till

Hello everyone! We have a couple of in-town retreats planned:

- March 6-8 (Notre Dame des Champs Community Centre, 3659 Navan Road) Friday evening, Saturday and Sunday – perhaps a time to start/complete those challenge quilts that are due at the April meeting;
- April 18 & 19 (Notre Dame des Champs Community Centre, 3659 Navan Road) a Saturday & Sunday retreat was just added to our calendar. For those who may want to help community quilts – we will have a free mini workshop at this retreat – the sample for which I will have at our February meeting. This is a 'use your scraps' project – great for a comfort quilt!

In-town retreats include a morning snack and lunch on Saturdays and Sundays, and dinners on Fridays and Saturdays. Just bring your sewing machines and projects; we'll have a great time and get plenty of work done too!

Row Robins

Cairine Hinch

April 14th is the unveiling of our Rob Robins. I hope you are all working towards completion of your projects. Remember to bring your projects to the Spring Tea, no matter what stage of completion they may be.

Workshops

Sylvie Proulx

APPLIQUÉ TECHNIQUES BY HAND AND BY MACHINE:

Fused, faced, template-free, reversed and more with Victoria Van der Linden

Do you skip over appliqué patterns as "too hard"? Want to learn several different ways to appliqué by hand and by machine? Come to Victoria's class to be introduced to the tools and techniques for needle-turn, faced, fused, reverse, template free, freezer paper, and raw-edge appliqué.

SUPPLY LIST:

Option #1: If you wish to treat this as a "Process Class", bring an open mind and take notes.

Option #2: If you with to treat this as a "Project Class", contact Victoria or Sylvie to order a supply kit. The cost is \$10.00

You will also need fabric, needles, and thread for hand and/or machine samples, plus a sewing machine, depending on your interests.

For details, talk to Victoria at the Community Projects table or Sylvie Proulx at the Workshop table

Recruitment

Linda Won

CREATE – ORGANIZE – COORDINATE – OVERCOME – PATIENCE AND GOOD SENSE OF HUMOUR. If these themes resonate with you... read on!!!

The Common Thread Quilt Guild Executive Committee is looking for members who are interested in positions for the 2010 Quilt Show and on the Executive Committee. We need to start pulling together the 2010 Quilt Show Executive Team. So first and foremost, we are looking for a Quilt Show Coordinator. This job can be shared. There are good reports and reference materials on how the tasks are accomplished and previous holders of the position are available to consult with.

After 5 years of dedication to the Library, Elizabeth Jones-Villeneuve has also decided to pass the responsibility over to someone new at the end of this season. By contributing a few hours of your time, you, too, can support the Library's commitment to providing excellent services to our Guild. In fact, on average, this position requires approximately 4 hours per month of your time and you will be supported by ladies who have an in-depth knowledge of the Library's routines and functions.

If you are interested in joining the committees or helping out in any way, please contact Linda Won at home 613 824-0968 or by e-mail at [thewons@sympatico.ca].

Website Facelift

Sylvia Gilfix

This month when you checked out your newsletter you would have noticed that our website has a new look and feel. I hope that you will find it a little easier to navigate. If you have comments or suggestions or if you notice an error, please let me know. You can contact me at webmaster@commonthread.on.ca. Just click on the **Contact** button on the lower left and you will be brought to a list of our executive.

| Calendar of Events | | | |
|------------------------|--------------------|---|--|
| February 10/09 | Regular meeting | Program: Social Evening | |
| | | Shop of the Month: Julee's Homecrafts and Quilting Quarters | |
| | | Fat Quarter Theme: Love: reds and purples | |
| February 28/09 | Workshop | Chop Suey | |
| March 6, 7 and 8/09 | Retreat | In-Town | |
| | | Notre-Dame-des-Champs Community Centre | |
| | | Friday 15:00 – 22:00 Saturday 09:00 – 22:00 | |
| | | Sunday 09:00 – 22:00 Sunday 09:00 – 17:00 | |
| March 7/09 | Workshop | Kathy Wylie Workshop | |
| March 10/09 | Regular meeting | Program: Kathy K. Wylie Trunkshow | |
| | | Shop of the Month: Running Stitch | |
| | | Fat Quarter Theme: Pastels and polka dots | |
| April 14/09 | Regular meeting | Program: Social Tea | |
| 7 , 62 | | **Challenge quilts due by 9 pm** | |
| | | **Unveiling of Row Robins** | |
| | | Shop of the Month: The Country Quilter | |
| | | Fat Quarter Theme: Jewel tones and batiks | |
| April 18-19/09 | Retreat | In-Town | |
| | | Notre Dame des Champs Community Centre | |
| | | Saturday 08:00 – 22:00 | |
| | | Sunday 09:00 – 17:00 | |
| April 20/09 | Excursion | Montreal Shopping | |
| April 25/09 | Workshop | Appliqué techniques by hand and by machine: | |
| | · | fused, faced, template-free, reversed | |
| May 11/09 | Excursion | Montreal Shopping | |
| May 12/09 | Regular meeting | Program: Annual Meeting | |
| | | **Row Robin Show** | |
| | | **Voting for Challenge quilts** | |
| | | Shop of the Month: Sew For It | |
| | | Fat Quarter Theme: sweets, cakes, ice cream etc. | |
| June 9/09 | Regular meeting | Program: TBA | |
| | | **Membership Renewal for 2009-10** | |
| | | Shop of the Month: Aunt Beth's Quilt World | |
| | | Fat Quarter Theme: Tone on tones | |